

## LIST OF DEATHS SENT BY PERSHING GROWS IN LENGTH

Pneumonia and Meningitis  
Continue to Prove Most  
Deadly Diseases to Troops;  
One Hurt in Air Raid.

(BY MORNING JOURNAL SPECIAL LEASED WIRE)  
Washington, Dec. 31.—General Pershing today reported Private Henry J. Griffin, engineers, slightly wounded in an air raid December 27. No details were given. Griffin's mother, Mrs. Margaret Griffin, lives at Niantic, Ill.

General Pershing also reported the following deaths:

Nurse May Berry, pneumonia, Frankton, Ind.

Private Arthur Drake, engineers, meningitis, pneumonia; Eureka, Calif.

Private Harry Savage, infantry; Spokane, Wash.

Cook Martin H. Fitzgibbon, infantry; meningitis; Roxbury, Mass.

Sergeant Welby N. Crane, aero squadron, pneumonia; Clinton, Okla.

Private William C. Douglas, field artillery, emphysema; Attica, Ind.

Private Roy S. Mahin, aero squadron, diffuse hypernephromatosis; La Monte, Mo.

Private Jesse G. Marshall, infantry, measles and pneumonia; Edmonds, Wash.

Private Herman Saupé, engineers, meningitis; Snohomish, Wash.

Private William H. Messer, infantry, pneumonia and tuberculosis; Middleboro, Mass.

Private Edward J. Crawford, chloroform anesthesia; Castle Gate, Utah.

Mechanic Bert Anderson, bronchitis; La Grange, Ore.

Private Alex. B. Zerby, enteritis and inanition; Apollo, Pa.

Private Samuel Sunderland, accidental gunshot wound; Full River, Mass.

Private L. Mulligan, tuberculosis; Seattle, Wash.

## POWDER COMPANY TO INVESTIGATE BLAST

(BY MORNING JOURNAL SPECIAL LEASED WIRE)  
Salt Lake City, Utah, Dec. 31.—A. S. Eich of California, general superintendent of the Hercules Powder company, today began an investigation to determine the cause of the explosion in a powder press house of the company at Bacheus, near here Saturday, which resulted in the death of three men.

Company officials today reiterated belief the explosion was not due to a plot.

## TAKE SALTS TO FLUSH KIDNEYS

Eat Less Meat if You Feel  
Backache or Have Bladder  
Trouble.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery, in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.

## Titled American Helps in British Relief Work



LADY ARTHUR PAGET

Lady Arthur Paget, who was Miss Mary Stevens of New York before her marriage, and has long been recognized as a beauty in English society, is one of the many American women in London engaged in war relief work.

## TERRIBLE QUAKES CONTINUE; 100,000 ARE HOMELESS

Presbyterian Missionary  
Cables That All Buildings in  
Guatemala City Are Wrecked; Asks Aid.

(BY MORNING JOURNAL SPECIAL LEASED WIRE)  
New York, Dec. 31.—A cable message received today by the Presbyterian board of foreign missions from one of its missionaries in Guatemala City read:

"Terrible quakes continue. One hundred thousand homeless, hundreds suffering. Send \$25,000 if possible immediately. Missionaries safe. All buildings wrecked. Hurry."

## RED CROSS TO ASSIST IN RELIEF WORK

Washington, Dec. 31.—Relief workers in Guatemala City tonight appealed to the American Red Cross for a supply of anti-typhoid and smallpox vaccines to supplement the stores of foodstuffs, disinfectants and shelter materials being prepared at New Orleans for shipment to the stricken republic. The message said there was no immediate danger of disease epidemics, but vaccines were needed because of the thousands made homeless by the successive earthquakes.

Besides the supplies being assembled at New Orleans, naval vessels ordered to Guatemala will carry stores and medicine. Red Cross officials will authorize the purchase of additional supplies as soon as they receive reports of supplies needed.

So far there has come no request for doctors or nurses, but the Red Cross is prepared to furnish them if needed.

## ACTIVITIES OF I. W. W. HAMPER SHIPYARDS

(BY MORNING JOURNAL SPECIAL LEASED WIRE)  
Washington, Dec. 31.—Labor troubles in northwestern lumber camps fostered by the I. W. W. have materially slowed up the wooden ship program on the Pacific coast, and steel ship building there has been retarded by inability of the railroads to move material from the east. Charles Page of the shipping board today told the senate investigation committee.

"In many instances the yards have shapers, but are without plates," he said.

Page said some of the yards on the Pacific, building mostly wooden ships, have been financed entirely by the government. Some are being extended through the government financial assistance, while some companies are building or have built plants with their own money after getting contracts to build the ships.

## Persons Handicapped by Tuberculosis Find in Work Pleasure and Usefulness

That there are advantages and benefits to be derived from work by persons with moderately advanced tuberculosis is the belief of Seichi E. Ikemoto, himself a patient in this city. He has written the following on the subject:

"It is better to spend life like a spendthrift than like a miser. It is better to live and be done with it than to die daily in the sickroom."—Robert L. Stevenson.

The popular method of cure for tuberculosis is rest under right conditions. The medical profession assumes that by rest tuberculosis patients increase the power of resistance; by increasing the power of resistance they successfully fight the deadly germs. Rest, however, does not always help the patient. Besides, what constitutes the power of resistance no one knows. The rest cure, as advocated by some doctors, well meaning but materialistic, who do not take into consideration the patients' mental action, has a dire moral and physical effect upon the patients.

### Rest Not Always Easy.

Discovering that he is a victim of tuberculosis one goes to a sanatorium, away from his home, loved ones, friends and work. He is suddenly cut off from the activities, realities and motives which make life. In the sanatorium he is ordered to rest. By rest is meant "cessation from motion or labor." The relation of the mind to the body is such that one can not always rest by putting the body to bed. Physiology is only a small part of the science of life.

Since one who needs be cured of the malady is a man in the totality of his being and not merely a bundle of flesh, blood and nerves, the psychological factor in the cure of tuberculosis should not be overlooked.

What is life? Life is a stream of consciousness. Many under any circumstance is conscious of certain elementary things as well as the things which are dear and hateful to himself. This mental activity is instinctive. Life without consciousness is not life but death.

### The Mind Finds Work.

The ever active mind seeks expression. If there be no proper channel for the expression of mental energy it seeks expression in the improper channels, which results in immorality and vice. Besides nature hates vacuum. One who thinks no serious thoughts thinks vain thoughts. One who does not read good books resorts to the cheap intellectual feasts which are found in the book stores and news stands. One who does not work is lazy. The lazy man is tempted by seven devils, via seventy times seven. One who is not busily engaged in some kind of pastime is inclined to be hypocritical. His digestion is poor; he has little or no desire for life, and forgets the joys of living. Yet the patients are simply told to rest as if they were nothing but bodies.

In abnormal conditions man's mentality is also abnormal. His God-given instincts are being perverted and a determination of character takes place. My experience and observation during the past two years and a half lead me to believe that individualism of tuberculosis kind produces extreme sensuality.

### Must Live Pure.

All thinking men agree that pure living vitalizes the seminal fluid of man and gives added power to his body. If it be pure blood and strong physical constitution which can overcome tuberculosis it behooves the patients to live a pure life.

To place the patients in a position which strengthens their animal propensities and makes it hard for them to live a clean mental life does not seem to be a scientific and logical method of cure. How easy it is even for a good and clean man when he "lets things down" to indulge in worthless imaginations and sensual conversations.

It is not possible to raise saints in hell. "To be carnally minded is death." Sin being violation of the absolute and eternal laws of nature how can one improve physically while he continually violates moral law? Only to those who hearken to His voice and obey His Jehovah promises healing and health.

### Need Mind Activity.

The undesirable features of the rest cure will not be removed till the patients have something primitive, wholesome and healthful, to occupy their minds. Rather than wrong mental practices in abnormal conditions, rather than the tender care of doctors and nurses, let the patients have amusement, mental discipline and work.

A business man who had a nervous breakdown was sent to a sanatorium. The physician in charge recommended blacksmith work for his pastime. The business man soon became interested in his new work, and it said it was the best medicine he ever took, because he had to keep his mind off his former business or he would burn his fingers.

More than half the remedy for any kind of sickness is to forget the diseased conditions of the body. No one can forget by trying to forget. One hour's work for the tuberculosis patients, therefore, is better than a year's "chasing the cure."

### Philosophy is Plain.

The value of work for tuberculosis is three-fold: physiological, therapeutic and economic.

Work keeps the mind of the patient off his body. "To be absent from the body," or as Socrates said, "to quit the body and to turn to the soul," is far better than to lie in bed and constantly dwell on the disease. Like produces like. Diseased thoughts do not produce a healthy body.

The patient's interest in a light and healthful work has a fine effect upon his mental action. A healthy mental action vitalizes and strengthens the various organs of the body and their functions, thus hastens the recovery to health.

Speaking of a man who had motor taxi, Dr. Herbert Hall says, "Make him happy and comfortable, is the usual idea. Make him as useful as possible is a far better idea, because in making him useful you are quite likely to take away hopelessness and

despair, and because you may even relieve some of the most distressing physical symptoms."

### Work is Solution.

Work brings the ease of conscience which even philosophy and religion fail to give. By the sweat of the brow man should adore and honor the eternal and universal creative principle, his "Father who worketh hitherto." By work he discovers the path of peace, love, faith, hope and health.

Here I might state that if the czar shovelled snow in 1913 instead of in 1915, if the Kaiser raised his own potatoes and cabbages and made sauerkraut for himself instead of making war speeches, the world would not be drenched in blood today.

Work is the best outlet for the unused energy. Nature does not work but plays, because she knows how to work. Man's work, too, will be a simple pastime, if he only knows and loves his work. Confucius says, "The little man hides himself and does evil." How true it is of so many tuberculous patients.

Work brings a remarkable degree of self-confidence, self-respect, dignity and satisfaction to the worker. Nothing is more detrimental to health than worry, self-pity, loss of hope and of joy of living. It is the valiant self-reliant soul which can mobilize the vital forces which will the universe and defeat the cohorts of deadly bacilli.

### Has Economic Value.

The economic value of work done by the tuberculous should not be underestimated. The work has tremendous possibilities. A few decades ago coal tar, a by-product of coke, which in recent years added untold wealth to the civilized world, was thrown away as useless.

In a certain region of the Rockies, several years ago, I noticed more than half of the trees cut down were cast away to rot because of a few knots in them. In the timberland of Arkansas my attention was called to numerous small pieces of boards making a huge pile as they came out of a long tube from the sawmill. The pile was set on fire. What an economic waste!

### One of Nature's Penalties.

Industrial civilization made life intense, artificial and unhealthful. Its by-product is not coal tar nor knotty lumber, but millions of the diseased and the handicapped. For the benefit of these unfortunates society built hospitals and sanatoriums, and relieved many of pain and taught them hygiene. But the work of the humanitarian institutions is only half done, as they do not yet provide the sick with the environments and conditions where they can earn livelihood as well as continue seeking health.

### But Two Ways Open.

At present the tuberculous who leave the sanatoriums are forced to choose between continuance of "chasing the cure" and plunging into the mad current of full work with the risk of possible relapse which may prove fatal. Usually the patients choose the latter, as most of them cannot afford to be lazy, and others do not want to be lazy even if they could afford the luxury. There are a few who are rich or who have wealthy fathers, relatives or friends who are willing to support them indefinitely. They can enjoy leisure and comforts and luxuries of civilization.

The present war brought upon the world one blessing. To make the countless disabled soldiers self-supporting the scientists of Europe already have devised methods of work for the handicapped. The United States government contemplates vocational re-education of wounded soldiers. Occupational therapy has become a popular expression of many a reformer, philanthropist and economist. If the war lasts long many of the tuberculous will be in distress because of lack of funds. No humanitarian can do anything better than to help making them self-supporting or partially self-supporting, to make them an economic asset to the nation rather than a burden.

### Problem in Economics.

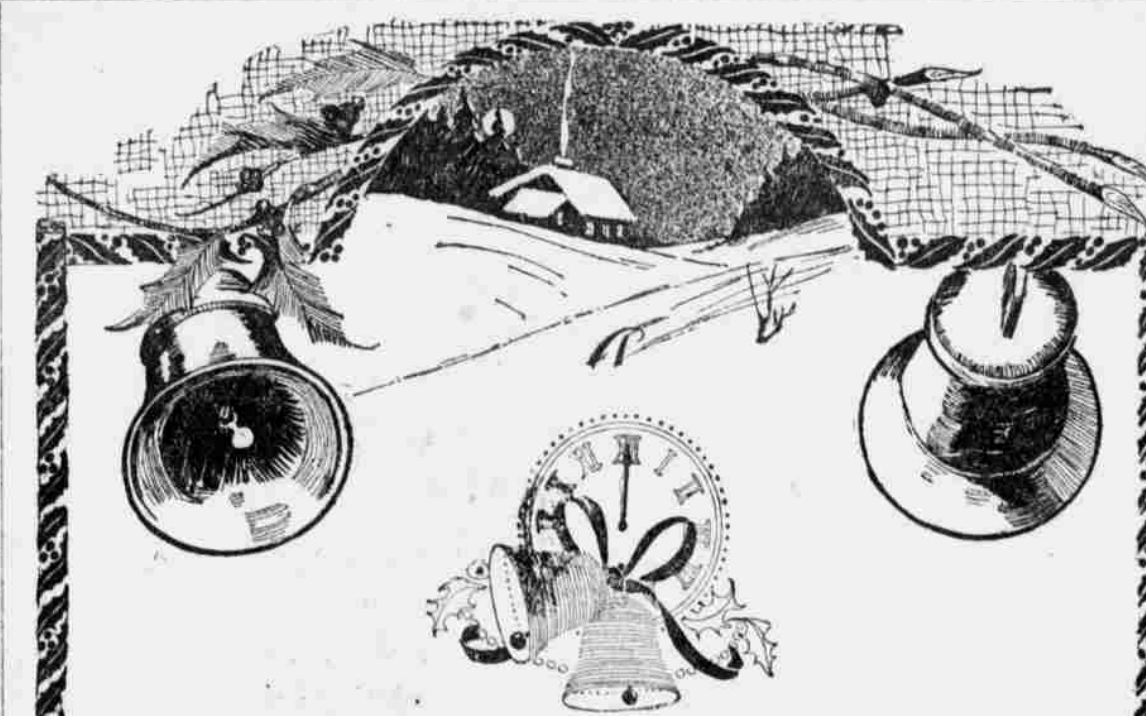
The problems which arise in connection with the work for the tuberculous will solve themselves when the state or the municipality will build workshops and give the tuberculous a free vocational training and make them useful both for themselves and for the community in which they reside. Since the hand-made goods have certain distinctive qualities they have little competition with the machinery products. As long as the people live they have need of baskets, knitted goods and such others which any tuberculous patient can make, which this nation hitherto has imported from foreign countries.

Two popular objections to putting the tuberculous to work are: first, the patients are careless and liable to overwork; second, the goods made by the patients carry the infectious disease. Both conscientious and unconscientious objectors say, therefore, the patients should not work. With like consistency they might say democracy is a bad thing because people abuse the rights of self-government. To these objectors let me state

## Give The Stomach A Chance To Work

We can't expect the stomach to act normally if the natural avenues of elimination are blocked so it cannot dispose of its refuse. When the bowels are constipated the stomach is called upon for work beyond its capacity and the result is bloating, belching, headache, and discomfort generally, and, unless the condition is promptly relieved, serious illness.

An effective remedy for constipation is sold in drug stores under the name of Dr. Caldwell's Eryps Pepsin. It is a combination of simple laxative herbs with pepsin that acts on the bowels in a gentle, natural manner, without griping or other pain or discomfort, affording speedy relief. Get a bottle of Dr. Caldwell's Eryps Pepsin from your druggist and have it in the house when you need it; it costs only fifty cents and is the ideal family remedy, mild enough for children and old people, yet sufficiently powerful for the strongest constitution. A small bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 458 Washington St., Monticello, Illinois.



## A Happy New Year

TO THOSE whom we call our customers—and to those others whom we hope to call Customers before another twelfth-month rolls by—we wish the happiest, good-luckiest New Year ever!

We are going to do our part to make it so, by better-than-ever service to the many that come here to buy—and by closer-than-ever co-operation with every force and every individual that is working to make our city a bigger, healthier, happier and more economical place to live.

We hope to see YOU many times during the three-hundred-and-sixty-five days to come—and we shall try to conduct our business so that your visits here will be among the most pleasant and profitable hours of the bright New Year.

# Rosenwald's

## REALTY TRANSFERS.

### Warranty Deeds.

Alice M. Lewis et vir to Abram Dimas, Dec. 21, land in Precinct 5, Parcel 1, \$1.

Danacianno Valle and wife to Abram Dimas, Dec. 21, land in Barajas, \$71.

Ambrosio Sanchez et vir to Andres Sanchez, Dec. 22, land in Precinct 4, Ranchos de Albuquerque, \$260.

Pablo C. Chavez and wife to Rosenwald Bros., Inc., Dec. 22, two pieces of land in Precinct 6, \$1.

Ramon Chavez et al to Ramon Anaya de Anaya, Dec. 22, piece of land in Precinct 9, \$1.

Ramon Anaya de Anaya to Epifanio Bana and wife, Dec. 22, same as above, \$1.

Viviano Lucero de Rodante to Flavio Rodante, Dec. 24, land in Precinct 4, \$1.

Harwood Methodist Sanatorium to Wm. M. Stone and wife, Dec. 26, see record, \$1.

Clara M. Ferguson to Cleofas Lov-

ato de Duran, Dec. 26, property known as the "Alfalfa Ranch" belonging to Ferguson homestead, \$1.

Minerva H. Foraker to Frank M. Gomez, Dec. 27, lot 7, block D, Park addition, \$1.

Pedro C. Garcia and wife to Quirino Van and wife, Dec. 27, tract of land in Precinct 3, \$1.

Petra G. Garcia to Mrs. Guy Stevens, Dec. 28, piece of land known as the Mrs. Espeichs land, \$450.

J. S. Dillard and wife to A. R. Inhofe, Dec. 28, lot 9, block 28, H. H. addition, \$1.

Rio Grande Co., to First National bank of Albuquerque, Dec. 28, undivided third interest in land bounded on north by C. Zeizer and Ed Dodd, east by east line of Albuquerque grant, south by Roday & Bratina tract, west by foot hills, \$1.

Susan V. Van Cleave et al to F. E. Shelley, Dec. 28, piece of land in Precinct 9, Ranchos de Atrisco, \$10.

Refugio Griego to Luis Herrera, and wife, Dec. 29, piece of land in Precinct 8, \$1.

WE EXTEND most hearty good wishes for a Happy and Prosperous New Year to All

First National Bank  
Albuquerque, New Mexico

Results from Morning Journal Wants

## Our New Years Wish Peace and Prosperity



WE ENJOYED a most gratifying business during the past year and therefore feel elated over our success. To those who favored us with their trade and to all friends we extend our best wishes for a Happy, Prosperous New Year.

W. L. Hawkins

Phones 44-524.

109-111 North Second

STORE CLOSED TODAY ALL DAY